This list cites just a few of the many recent self-help books for women. Diet and exercise guides are omitted. The compiler has not examined all the titles on this list and makes no recommendations. In most cases, the prices quoted are for paperback editions. Most of the titles listed here are covered in "Books to Change a Woman's Life: A Survey of Self-Help Publishing," Feminist Collections, vol. 6, no. 4 (Summer 1985), pp. 5-9.

HEALTH


OFFICE WORK CAN BE DANGEROUS TO YOUR HEALTH. By Jeanne Stellman and Mary Sue Henifin. New York: Pantheon, 1983. 239p. $6.95.


LAW


WHAT EVERY WOMAN NEEDS TO KNOW ABOUT THE LAW. By Martha Pomroy, New York, Playboy Books, 1981. 432p. $3.95.


A WORKING WOMAN'S GUIDE TO HER JOB RIGHTS. Washington: U.S. Superintendent of Documents, 1983. 54p. $4.50.


MONEY


MOTHERHOOD


SPORTS


TECHNOLOGY


VIOLENCE


SURVIVING SEXUAL ASSAULT. By the Los Angeles Commission on Assaults Against Women. New York: Congdon & Weed, 1983. 64p. $4.95.


WORK AND CAREER


MISCELLANEOUS


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